

## ESPA FACIAL TREATMENTS

### AROMATHERAPY FACIAL 1 hour

Suitable for all skin types this deep cleansing, relaxing aromatherapy facial purifies and hydrates. Includes an oriental head massage.

### REBALANCING FACIAL 1 hour

Suitable for problem skins. Aromatherapy products combined with a warm marine mud mask will decongest the skin leaving it calm, clear and rebalanced.

### REGENERATING FACIAL 1 hour

An intensive boost for maturing and stressed or distressed skins, this treatment targets premature ageing and environmental stresses. This facial will leave your skin feeling firm, toned and revitalised.

### REHYDRATOR FACIAL 1 hour

The rehydrator facial is designed as an intensive boost for dry, dehydrated, stressed or tired complexions. The result is exceptionally nourished skin and an inner sense of wellbeing.

### SKIN BRIGHTENING FACIAL 1 hour

This rejuvenating facial is perfect for all skin conditions, particularly when environmental stress, business pressure, illness or lack of sleep can leave you with dull, lifeless, sallow skin.

### DELUXE FACIAL 1 hour 15 mins

Specially designed for mature, dry or dehydrated skins, this facial concentrates on reviving the skin's natural moisture.

### CONCEPT FACIAL 1 hour 30 mins

This therapeutic facial lifts and firms, leaving your skin nourished, hydrated and toned, bringing back forgotten freshness - fantastic for mature skins.

### SOOTHING EYE TREATMENT 30 mins

This treatment is designed for those who suffer from irritable, puffy, sensitive and maturing eyes. Specific products help reduce the appearance of fine lines combined with pressure points to release tension.

## CRYSTAL CLEAR

### CRYSTAL CLEAR OXYGEN THERAPY 1 hour

Fast becoming the Gucci of facials, the A-List have been scrambling to get on the waiting list for this new treatment which pumps oxygen back into the face and takes years off!

### CRYSTAL CLEAR MICRODERMABRASION 1 hour

Madonna, Cindy Crawford, Victoria Beckham all swear by this treatment. It cleanses, exfoliates and firms lacklustre skin in just one treatment, although a course is recommended.

### CRYSTAL CLEAR BEAUTY FLASH 40 mins

This fabulous treatment smoothes and revives dull skin, giving it a radiant glow. It works wonders on uneven pigmentation, age spots and sun damage and helps to calm acne prone skin.

### CRYSTAL CLEAR DELUXE TREATMENT 1 hour 45 mins

The ultimate facial.

### CRYSTAL CLEAR EYE LIFTING TREATMENT 45 mins

The perfect treatment for premature ageing of the eyes, lifts, firms and tones the eye area. For maximum results a course is recommended.

## ESPA BODY TREATMENTS

### BACK, NECK AND SHOULDER MASSAGE 30 mins

This tailor made massage helps to relieve tired aching muscles of the back, neck and shoulders.

### FULL BODY MASSAGE 1 hour

With stress relieving oils this massage will give the ultimate sense of wellbeing.

### BACK, FACE AND SCALP TREATMENT 1 hour 30 mins

A totally luxurious experience which incorporates a full aromatherapy facial with a back, face and scalp massage.

### BODY POLISH 30 mins

A complete exfoliation and skin brush of the body which will deeply cleanse, and invigorate.

### SALT & OIL SCRUB 30 mins

An invigorating or relaxing body scrub which is very hydrating, fantastic for pre or post holiday or dry skin types.

### INDIAN HEAD MASSAGE 40 mins

This ancient form of massage is an unrivalled method of achieving total relaxation.

### REFLEXOLOGY 1 hour

An ancient therapy of the feet, using specific pressure techniques to help re-balance and encourage the body to heal itself.

### ESPA TOTAL BODY CARE 1 hour 40 mins

This treatment includes a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is followed by a deep body massage.

### ESPA TOTAL LUXURY PACKAGE 2 hours 30 mins

The perfect present! Sheer luxury, a combination of ESPA Total Body Care and skin brightening facial.

## BEAUTY

### WAXING

An effective method of removing unwanted hair.

Full Leg Wax	1 hour
Half Leg Wax	30 mins
Bikini Wax	15 mins
Hollywood Wax	1 hour
Under Arm Wax	15 mins
Lip or Chin Wax	15 mins
Eyebrow Tidy	15 mins
Eyebrow Re-shape	15 mins

### TINTING

A perfect treatment for enhancing eyelashes and eyebrows without the need for make-up.

Eyelash Tint	30 mins
Eyebrow Tint	15 mins

### HANDS & FEET

Escape Deluxe Manicure	1 hour
Ultimate grooming of the hands.	

Escape Deluxe Pedicure	1 hour 15 mins
Ultimate grooming of the feet.	

## PRICE LIST 2006

### ESPA FACIAL TREATMENTS

Aromatherapy Facial	£45.00
Rebalancing Facial	£45.00
Regenerating Facial	£45.00
Rehydrator Facial	£45.00
Skin Brightening Facial	£45.00
Deluxe Facial	£65.00
Concept Facial	£65.00
Soothing Eye Treatment	£38.00

### CRYSTAL CLEAR FACIAL TREATMENTS

Crystal Clear Oxygen	£65.00
(Course of 6 - £390.00)	
Crystal Clear Microdermabrasion	£55.00
(Course of 10 - £550.00)	
Crystal Clear Beauty Flash	£45.00
Crystal Clear Deluxe	£85.00
Crystal Clear Eye Treatment	£40.00

### ESPA BODY TREATMENTS

Back, Neck & Shoulder Massage	£22.00
Full Body Massage	£40.00
Back, Face & Scalp Treatment	£55.00
Body Polish	£30.00
Salt & Oil Scrub	£30.00
Indian Head Massage	£35.00
Reflexology	£32.00
ESPA Total Body Care	£65.00
ESPA Total Luxury Package	£110.00

## BEAUTY

### HAIR REMOVAL

Full Leg Wax	£28.00
Half Leg Wax	£14.00
Bikini Wax	£9.00
Hollywood Wax	£25.00
Under Arm Wax	£8.00
Lip or Chin Wax	£6.00
Eyebrow Tidy	£7.00
Eyebrow Re-shape	£10.00

### TINTING

Eyelash Tint	£12.00
Eyebrow Tint	£6.00

### HANDS & FEET

Escape Deluxe Manicure	£25.00
Escape Deluxe Pedicure	£33.00